

RESOURCE GUIDE



Office of
Mental Health



Montgomery County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Mobile Crisis (St. Mary's Healthcare)

24/7 number to call in moments of mental health crisis.

(518) 842-9111

Crisis team can rapidly respond to you at your home or in the community if necessary.

MHA of Fulton & Montgomery Counties Respite Beds

Home-like setting for short term stays during crises.

(518) 842-3717 x206

MHA operates two respite beds and two crisis beds for those in need in Montgomery County. Call for more information.

Crisis Services (The Family Counseling Center)

Walk-in and 24/7 phone line crisis support.

11-21 Broadway. Gloversville, NY 12078

(518) 725-4310 x999

Walk-in anytime during business hours (see below) or call 24/7 in moments of mental health crisis.

Montgomery County Department of Social Services

Main Office: 64 Broadway, Fonda, NY 12068

Amsterdam Office: 1 Venner Rd, Amsterdam, NY 12010

Main: (518) 853-4646 **Amsterdam:** (518) 212-5778

Hours: Mon-Fri 8:30 am-4 pm (**September-June**), 9 am-4 pm (closed 12 pm-1 pm) (**July & August**). **211** after hrs.

Mental Health Treatment & Rehabilitation

St. Mary's Counseling Services

Outpatient clinic w/ walk-in capability & 24/7 crisis support

4988 St Hwy 30, Mem Bldg 5th Fl, Amsterdam, NY 12010

(518) 841-7341 **Standard Hours:** Mon-Fri 8 am-4:30 pm

Walk-In Hours: Mon-Fri 8:30 am-2:30 pm. Call or walk-in to be seen. 24/7 crisis helpline available (see above).

The Family Counseling Center - Fort Plain

Outpatient clinic.

2 Willett St, Fort Plain, NY 13339

(518) 993-2273 **Hours:** Mon/Tues/Thurs/Fri 8 am-5 pm,

Wed 8 am-6 pm. Call to inquire about services. Gloversville clinic is available for crisis support (see above).

The Family Counseling Center - Gloversville

Outpatient clinic w/ walk-in capability & 24/7 crisis support

11-21 Broadway, Gloversville, NY 12078

(518) 725-4310

Hours: Mon-Thurs 8 am-7 pm, Fri 8 am-5 pm

Walk-in anytime or call crisis line after hours (see above).

Montgomery County Single Point of Access (SPOA)

County program for mental health, support, and housing.

(518) 773-3559

Call between 9 am and 4 pm Monday—Friday.

Program connects you to a variety of mental health resources. Even just calling can be very informative.

Peer Support Services

Montgomery County Drop-In Center (MHA)

Informal drop-in center for socialization and support.

34 Division St, Amsterdam, NY 12010

(518) 762-5332 x103

Hours: Tuesday & Thursday, 12 pm—3 pm.

Stop by or call for more information.

MHA of Fulton & Montgomery Counties Ombudsman

Peer specialist with extensive knowledge of resources.

(518) 762-5332 x103

Call between 8 am and 4 pm Monday—Friday.

Peer support warmline can also be a great resource outside of business hours (see right).

Leisure Lounge (MHA of Fulton & Montgomery)

Informal drop-in center for socialization and support.

33 Bleecker St, 2nd Floor, Gloversville, NY 12078

(518) 762-5332 x103

Hours: Monday & Wednesday, 12 pm—3 pm.

Stop by or call for more information.

MHA of Fulton & Montgomery Counties Warmline

Peer support line for non-crisis mental health support.

(518) 725-4310 x333

Hours: Monday—Friday, 8 am—8pm & Saturday 9 am—5 pm.

Call for resource information or emotional support.

Addiction or Substance Use Treatment and Support

St. Mary's Outpatient Addiction Clinic

Outpatient substance use services w/ walk-in capability.

4988 St Hwy 30, Mem Bldg 4th Fl, Amsterdam, NY 12010

(518) 843-4410 (option #2)

Hours: Mon/Fri 8 am-4:30 pm, Tues-Thurs 8 am-8 pm

Walk-ins possible. Call ahead to check for availability.

MATTERS Network

Substance use and peer support services.

(765)-MATTERS

Telehealth appointments available daily 11 am—11 pm.

They can prescribe or refer out to local outpatient resources.

The Family Counseling Center - Gloversville

Outpatient clinic w/ SUD services and 24/7 crisis support.

11-21 Broadway, Gloversville, NY 12078

(518) 725-4310

Hours: Mon-Thurs 8 am-7 pm, Fri 8 am-5 pm

Walk-in anytime or call crisis line after hours (see front).

Alcoholics Anonymous (AA): (518) 736-2644

Narcotics Anonymous (NA): (315) 847-3842

Call 24/7 for information on groups being held in the Fulton County area.

OASAS 24-Hour Hopeline: 1 (877)-8-HOPENY

Other Services

INFO-LINE (MHA of Fulton & Montgomery Counties)

Number to call for mental health resource information.

(518) 762-5332

Toll-Free: 1 (800) 734-5864

Hours: Monday—Friday, 8 am—4 pm

Health Homes of Upstate New York

Care management service provided by Huther Doyle.

(855) 613-7659

Eligibility is contingent on having two chronic conditions

OR a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

St. Mary's Health Home Care Management

Care management service provided by St. Mary's.

(518) 271-3301, healthhome@nysmha.org

Eligibility is contingent on having two chronic conditions

OR a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

Healthy Alliance

Social care network.

(518) 520-3211

Call to inquire about being connected with a network of professionals who will help manage every facet of your care.

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



Get Connected. Get Help.™